



## Helmet Policy

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### **Background:**

The Oakville Curling Club is committed to the safety of all members and non-members who curl at our Club. Our Helmet Policy follows the helmet use recommendations of Curling Canada.

### **For Curlers Under the Age of 12 (U12):**

1. Helmets are **mandatory** for all curlers under the age of 12.
2. Helmets must be CSA – approved, and can be a skating, hockey, snowboarding, or skiing helmet.
3. The helmet is to be secured on the curler's head prior to entering the arena, remain on for the duration of play, and not be removed until they have exited the arena.
4. It is the parent(s) or guardian(s) responsibility to ensure the helmet is secured properly.

### **For Curlers Aged 12 and Over:**

It is highly recommended that all curlers aged 12 and over wear a properly fitted and secured helmet while curling at the Oakville Curling Club.

**Effective Date: September 25<sup>th</sup>, 2018**